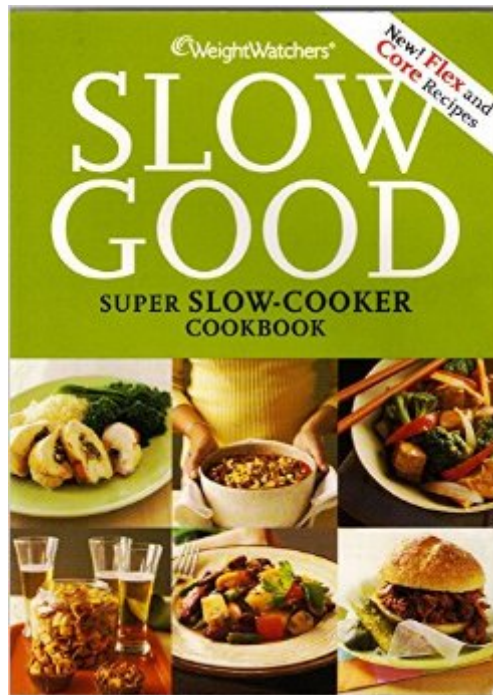


The book was found

Weight Watchers Slow Good Super Slow-Cooker Cookbook



Synopsis

Looking for delicious, no-fuss meals that are ready and waiting when you are? Weight Watchers Slow Good has over 165 fabulous, practically prep-free recipes that fit perfectly with your slow-cooker lifestyle.

Book Information

Paperback: 271 pages

Publisher: Weight Watchers (2005)

Language: English

ASIN: B0012RPCOO

Product Dimensions: 9 x 6.5 x 0.5 inches

Shipping Weight: 14.4 ounces

Average Customer Review: 3.9 out of 5 stars [See all reviews](#) (15 customer reviews)

Best Sellers Rank: #743,435 in Books (See Top 100 in Books) #159 in [Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Watchers](#)

Customer Reviews

Terrible. I want recipes that don't require me to do anything but put the ingredients in the crock pot and walk away. The recipes in this book require as much cooking time as a non crock pot meal, so why bother.

There is not a bad recipe in this book. It is the book that turned me into a regular slow cooker user. I particularly recommend the Aegean Chicken and the Chicken Tagine (in the back). Plus about a million others. I'd like to know why it is currently unavailable. If anyone knows, please tell!! Ruth Nelson

I bought one of these a long while ago and let someone use it who never returned it, so was happy to find another one. Great recipes, easy to make. I take many of the slow cooker meals to potlucks and everyone enjoys them. I love to use the slow cooker, and this encourages me to do so in a healthy fashion.

This book has recipes that my entire family enjoys. I still use the point system in this book but you can easily convert the recipes to the current point system. (I think W.W. changes their calculating system all of the time so we have to keep buying new stuff). One of the challenges with weight loss

is being able to prepare good home made food and having it available when we get hungry. Crock pot meals work wonderfully. They can be ready as soon as you get home from work.

I've tried 4 recipes so far and all have been quite good. I've tried WW recipes in the past and had found most of them to be so-so. I was pleasantly surprised that these recipes were actually edible and tasty. I find the seasonings need to be stronger but other than that, the recipes are usable and produce edible results.

Not bad. Not great either. Seems like a repeat of most of the other WW cookbooks. I think it's overpriced. I would not have purchased this if I previewed it first.

Thought it would be more up to date. No smart points so you have to reconfigure

Just in time for winter. Love it for soups, stews and many others to explore.

[Download to continue reading...](#)

Weight Watchers: Weight Watchers Cookbook-> Watchers Cookbook- Weight Watchers 2016 Weight Watchers Cookbook - Points Plus - Points Plus-Weight ... Points Plus, Weight Watchers 2016) (Volume 1) Crock Pot: Everyday Crock Pot and Slow Cooker Recipes for Beginners(Slow Cooker, Slow Cooker Cookbook, Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, ... Low Carb) (Cookbook delicious recipes 1) Weight Watchers: The Best Proven Tips, Tricks & Recipes To Simple Start, Losing Weight And Feeling Great! (weight watchers recipes, weight watchers cookbook, weight watchers 2016, weight loss) Weight Watchers: Smart Points Guide - 77 Delicious Weight Watchers Recipes For Rapid Weight Loss! (Smart Points, Weight Watchers Cookbook, Weight Watchers 2016, Recipes) Slow Cooking - Top 500 Slow Cooking Recipes Cookbook (Slow Cooker, Slow Cooker Recipes, Slow Cooking, Meals, Slow Cooker Chicken Recipes, Crock Pot, Instant Pot, Pressure Cooker, Vegan, Paleo) Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy. (Slow Cooker, Crockpot, Crockpot Recipes, Vegan Slow Cooker) WEIGHT WATCHERS RECIPES: Weight Watchers Slow Cooker Cookbook The SmartPoints Diet Plan: Easy Crockpot Recipes for Rapid Weight Loss including SmartPoint™ (Weight Watchers Smart Point Recipes) Top 30 Easy Vegan Slow Cooker Recipes For Busy Women: Amazing Vegan Recipes For Weight Loss And Healthy Eating: Slow Cooker, Slow Cooker Cookbook, Slow ... Cooker Recipes Cookbook For Busy Women 1) Weight Watchers: Fast Start For Beginners. Friendly Guide That Will Help You To Lose

First 20 Lbs In 20 Days: (Weight Watchers, Weight Watchers Simple ... loss tips, weight watchers for beginners) Pressure Cooker: 365 Days of Electric Pressure Cooker Recipes (Pressure Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker ... Instant Pot Pressure Cooker Cookbook) Low Carb Slow Cooker Cookbook Box Set: Low Carb Slow Cooker Recipes, Low Carb Chicken Slow Cooker Recipes, Low Carb Beef Slow Cooker Recipes Paleo Diet: Paleo Slow Cooker COMBO 2 IN 1 SET - Paleo Diet for Beginners, Paleo Slow Cooker Cookbook, Paleo Diet Recipes and Paleo Slow Cooker Recipes, ... (Paleo Diet Paleo Slow Cooker COMBO SET 1) 100 Slow Cooker Recipes: Get 'em! Mix 'em! Leave 'em! (Slow Cooker Recipes, Crockpot Recipes): Big Slow Cooker Recipes Cookbook - The 100 Slow Cooker Recipes Slow Cooker Recipes Special: Healthy Go Slow Cooker Recipes with Weight Watchers Point Plus Included:- 3 Recipes Books in One: Go Slow Cooker Recipes Slow Cooker Low Carb: Over 70+ Low Carb Slow Cooker Meals, Dump Dinners Recipes, Quick & Easy Cooking Recipes, Antioxidants & Phytochemicals, Soups Stews ... Slow Cooker-Slow Cooker Recipes Book 109) Weight Watchers Slow Good Super Slow-Cooker Cookbook Vegan: The Vegan Slow Cooker Cookbook - Delicious, Savory Vegan Recipes for Your Slow Cooker (Vegan Slow Cooker, Vegan Slow Cooking) 2250 Pressure Cooker, Crock Pot, Instant Pot and Slow Cooking Recipes Cookbook: (Crock-Pot Meals, Instant Pot Cookbook, Slow Cooker, Pressure Cooker Recipes, Slow Cooking, Paleo, Vegan, Healthy) My Grain & Brain Gluten-Free Slow Cooker Cookbook: 101 Gluten-free Slow Cooker Recipes to Boost Brain Power & Lose Belly Fat - A Grain-free, Low Sugar, Low Carb and Wheat-Free Slow Cooker Cookbook Weight Watchers All-Time Favorites: Over 200 Best-Ever Recipes from the Weight Watchers Test Kitchens (Weight Watchers Cooking)

[Dmca](#)